

# Primary Spring 2017 Menu

## Week 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Hot Main Dish</b>	<b>Pizza**</b> <i>with Jacket Wedges</i>	<b>Scouse With Fresh Bread</b>	<b>Roast Turkey</b> <i>with Roast Potatoes &amp; Gravy</i>	<b>Chinese Chicken with Noodles</b>	<b>Fish &amp; Chips</b>
<b>Alternative Dish</b>	<b>Tomato Pasta **</b>	<b>Cheesy Beans on Toast</b>	<b>Cheese &amp; Potato Bake</b>	<b>Vegetable Biryani</b>	<b>Veggie Hot Dog</b> <i>with Chips</i>
<b>Vegetables</b>	Sweetcorn Beans	Green Beans Cauliflower	Cabbage Carrots	Broccoli Sweetcorn	Baked Beans Salad
<b>Desserts</b>	<b>Wedges of Melon *</b> <b>Orange Jelly</b>	<b>Pineapple and Peach Crumble</b> <i>with Custard *</i>	<b>Date Bar</b> <i>served with Yoghurt</i>	<b>Fruit in Jelly</b>	<b>Chocolate and Banana Muffin</b>

Cool Water, Fresh Fruit and Yoghurt served daily

\*Fruit Based \*\*Wholegrain

Bacon Barms and Various Paninis Served Daily



# Primary Spring 2017 Menu

## Week 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	<b>Pizza With Wedges</b>	<b>Pork Sausages</b> <i>with Creamy Mash and Gravy</i>	<b>Roast Chicken</b> <i>with Roast Potatoes and Gravy</i>	<b>Beef Chilli</b> <i>with Rice</i>	<b>Fish Fingers &amp; Chips</b>
Alternative Dish	<b>Mac 'N' Cheese</b> <i>Macaroni Cheese</i>	<b>Vegetarian Sausages</b> <i>with Creamy Mash and Gravy</i>	<b>Quorn Roast</b> <i>with Roast Potatoes with Gravy</i>	<b>Creamy Tomato and Basil Pasta **</b>	<b>Jacket Potao With Various Fillings</b>
Vegetables	Baked Beans Sweetcorn	Carrots Baked Beans	Peas Carrots	Sweetcorn Green Beans	Baked Beans Fresh Salad
Desserts	<b>Chocolate and Mandarin Sponge *</b> <i>with Custard</i>	<b>Oatie Biscuit</b> <i>with Fruit Slices *</i>	<b>Strawberry Yoghurt</b>	<b>Carrot &amp; Pineapple Cake Slice</b>	<b>Strawberry Cheesecake</b>

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Bacon Barms and Various Paninis Served Daily



# Primary Spring 2017 Menu

## Week 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	<b>Pizza **</b> <i>with Oven Baked Wedges</i>	<b>Chicken Tikka Thigh</b> <i>With Rice</i>	<b>Roast Gammon</b> <i>with Roast Potatoes and Gravy</i>	<b>Pasta Bolognese **</b>	<b>Salmon Fish Fingers***</b> <i>with Chips</i>
Alternative Dish	<b>Quorn Sausage and Tomato Pasta Bake **</b> <i>with a Bread Wedge</i>	<b>Cheese and Sweetcorn Quiche</b> <i>with New Potatoes</i>	<b>Shepherdess Pie</b>	<b>Jacket Potatoes With Various Fillings</b>	<b>Variety of Wraps</b> <i>with Chips</i>
Vegetables	Peas Baked Beans	Broccoli Fresh Tomato Salsa	Carrots Sweetcorn	Green Beans Carrots	Baked Beans Peas
Desserts	<b>Strawberry Fro Yoghurt</b>	<b>Apple Cracknell</b> <i>with Custard *</i>	<b>Mini Gingerbread Cake</b> <i>With Fresh Fruit *</i>	<b>Chocolate Sultana Crispie</b>	<b>Creamy Rice Pudding</b> <i>with Fruit</i>

Cool Water, Fresh Fruit and Yoghurt served daily

\*Fruit Based \*\*Wholegrain

Bacon, Barms and Various Paninis served Daily

