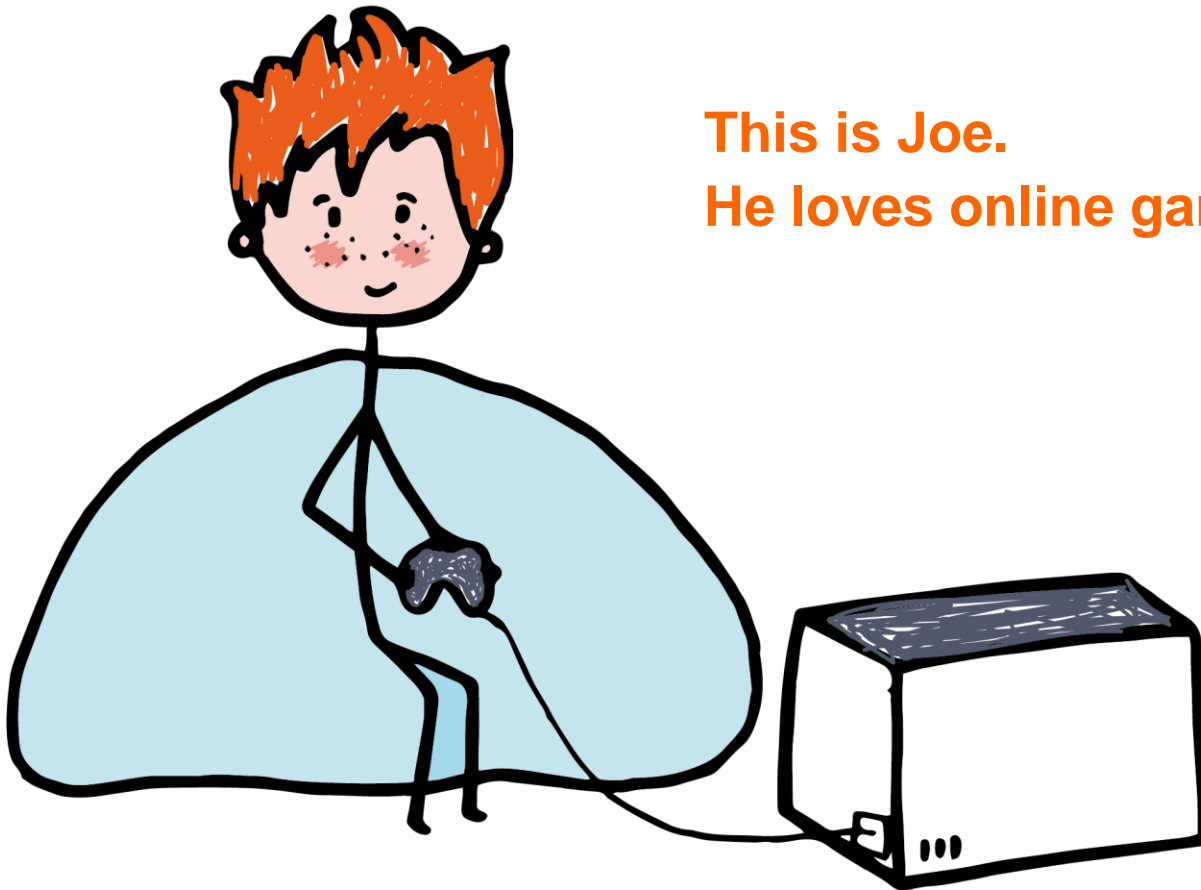




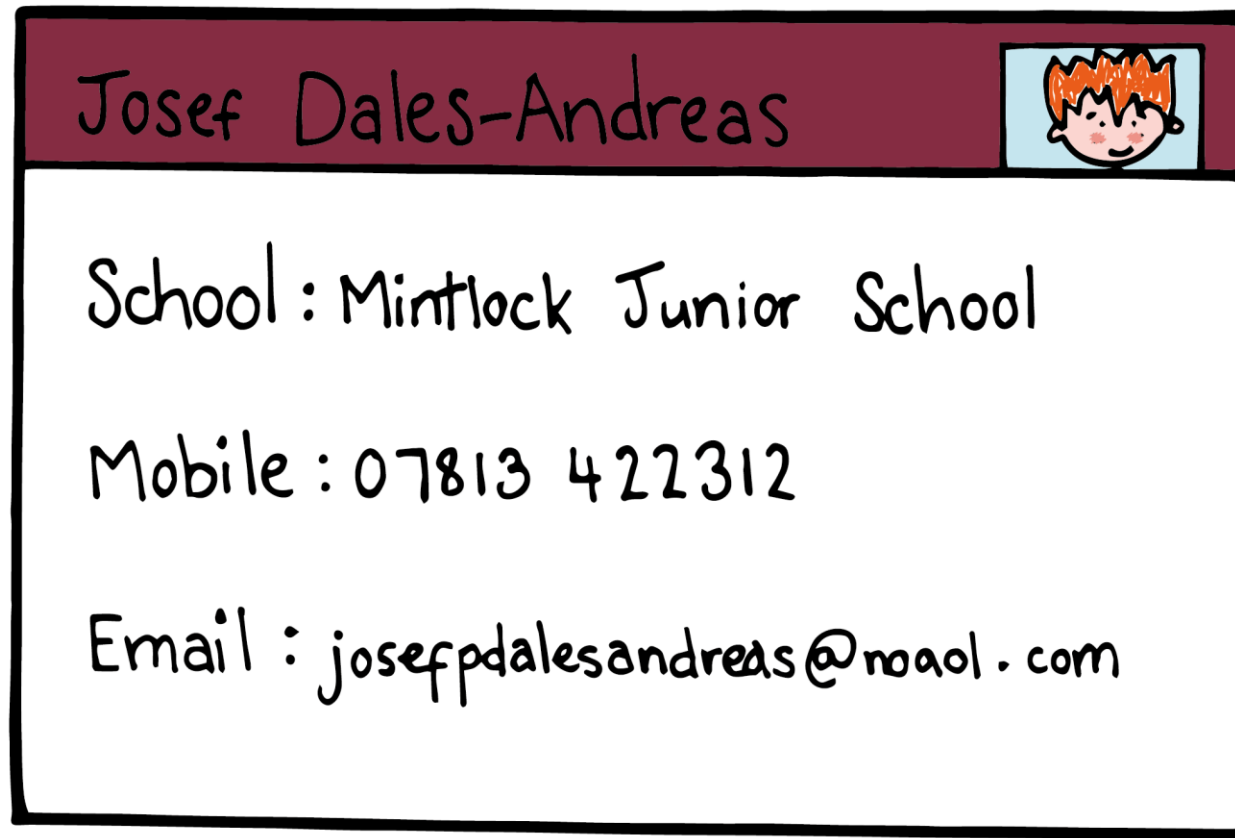
OUT OF YOUR...

HANDS!

Cyberbullying: Joe's Story



**This is Joe.
He loves online gaming.**



This is Joe's gaming profile.

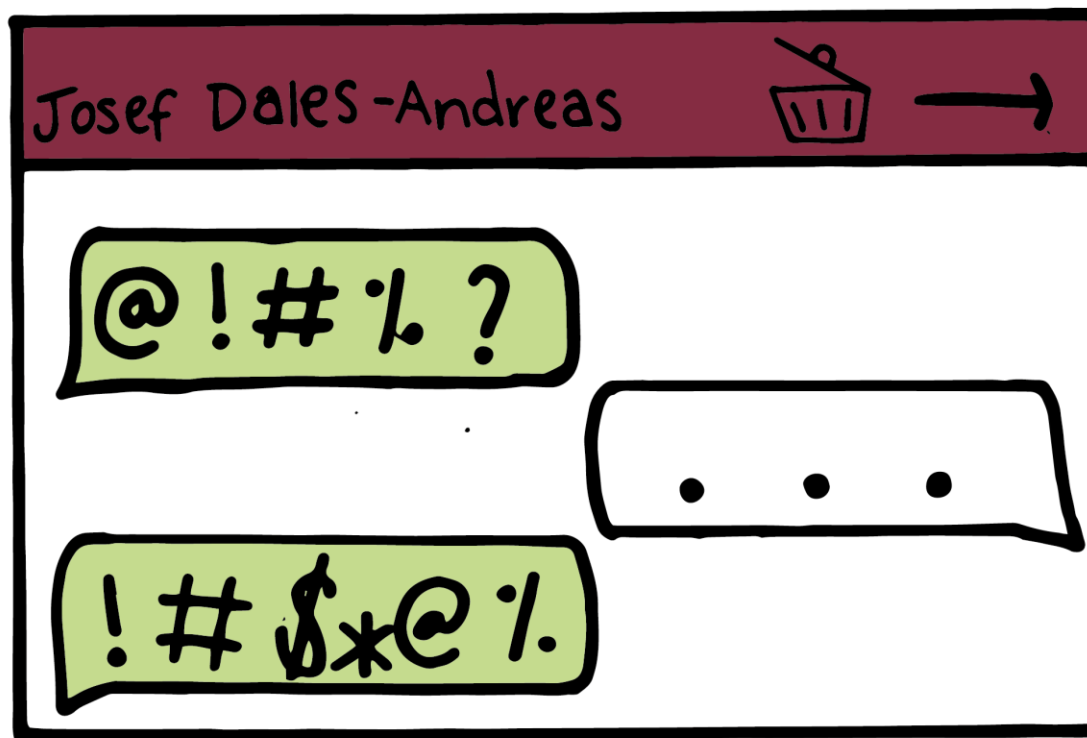
Can you see problems with it? What could happen?



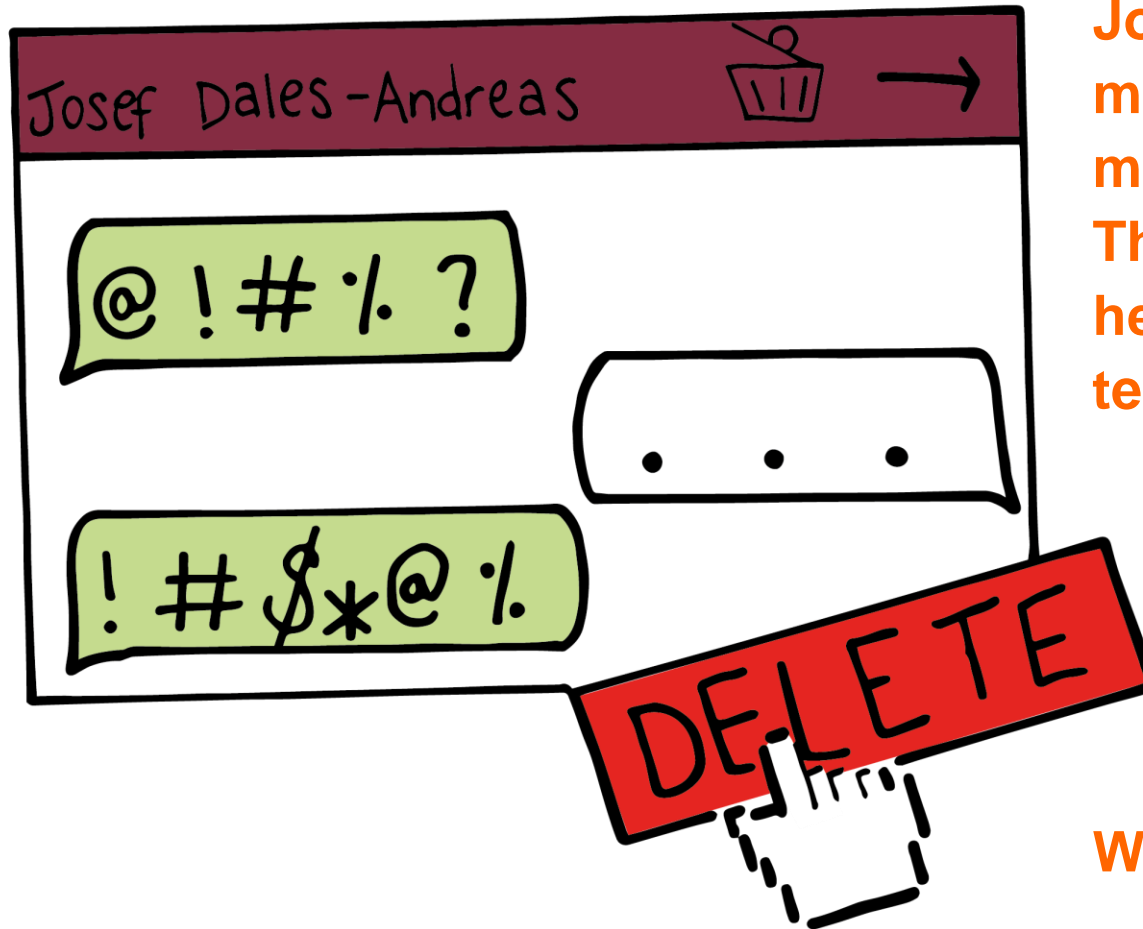
Joe is good at gaming
and he wins a lot.

Is there anything
wrong with this?

Joe starts to get nasty messages on his gaming chat. He replies saying that they really upset him and could they please stop.



What should Joe NOT have done? What should he do now?



Joe deletes the messages, but more keep coming. They are so rude he feels he can't tell anyone.

What can Joe do?



Joe gets really upset and stops playing his game. He deletes everything off his console.

Did Joe need to stop gaming completely?

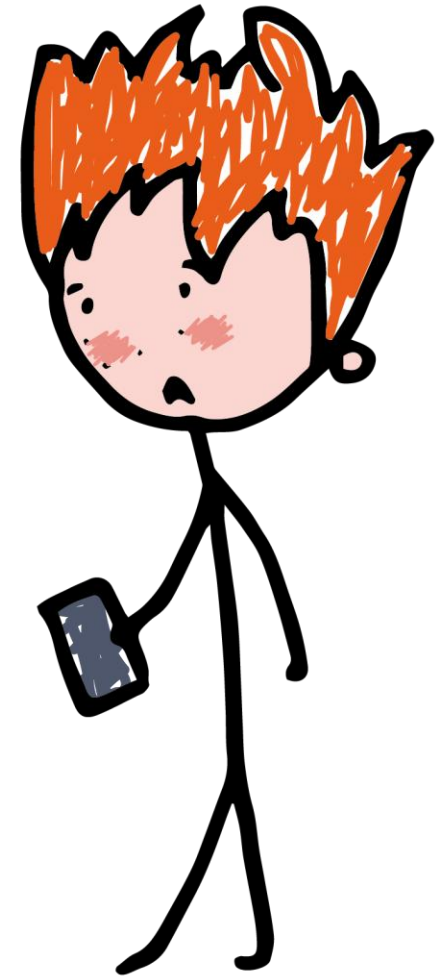
Then, Joe notices he is getting nasty mobile phone messages like the ones on his game. He messages back, telling the sender to stop it.



Has he done the right thing?

Then Joe starts getting emails with horrible pictures in the attachments.

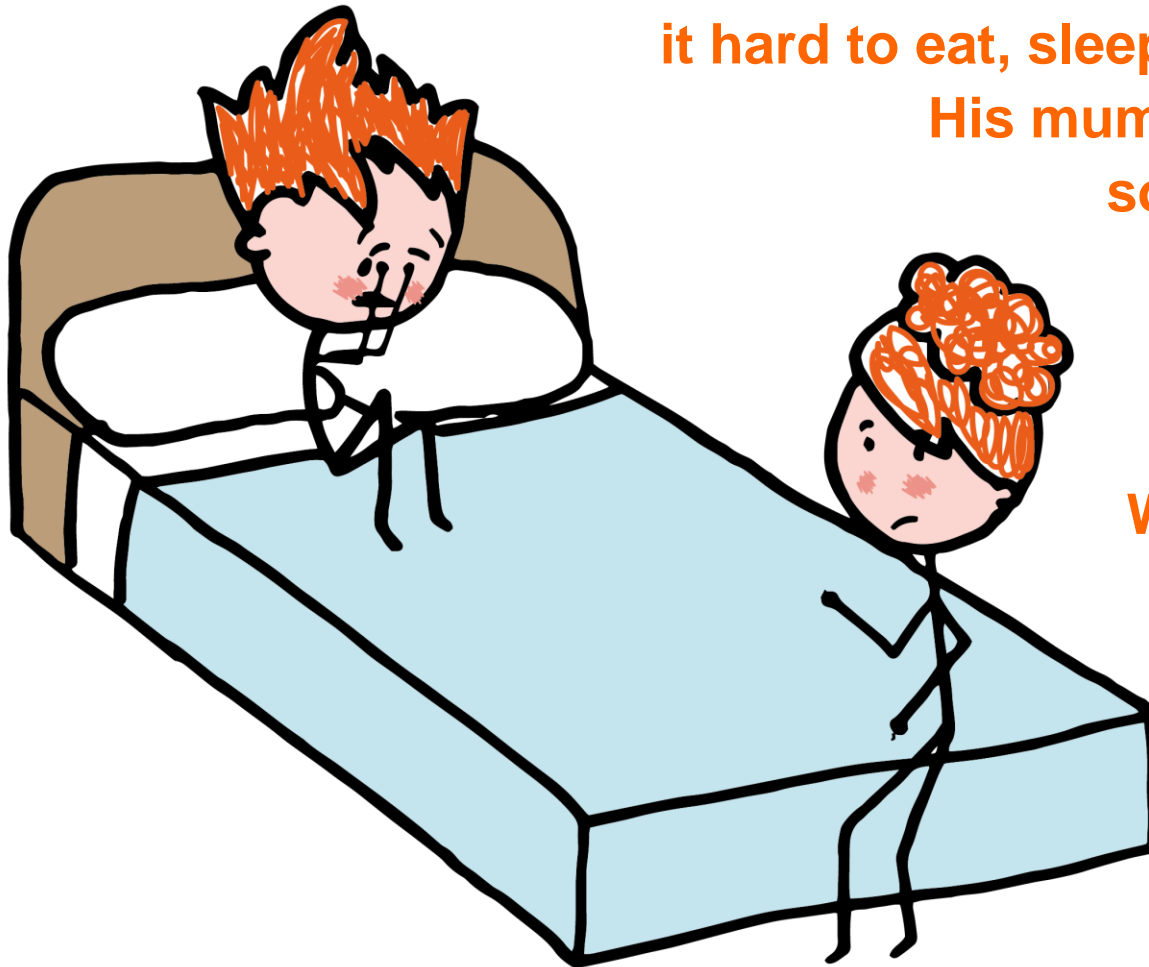
What should you NOT do if you get an email from a stranger and it has a link or attachment?



Joe thinks he knows who is sending the messages. There is one bully at his school but a group joins in because they think it's funny.



What should Joe do?
Are the people who laugh to blame too?

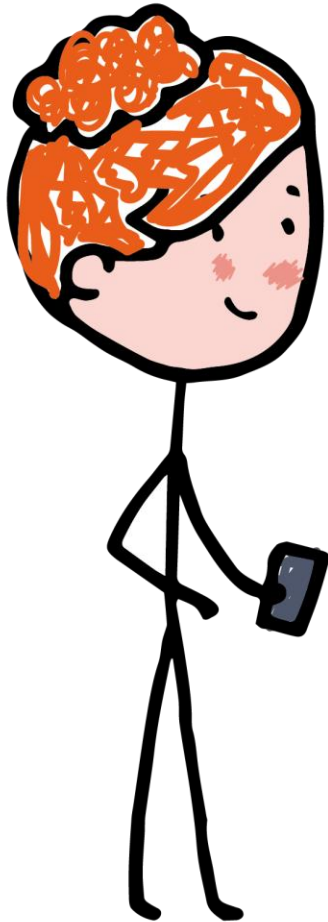


Joe is so worried that he is finding it hard to eat, sleep or concentrate.

His mum notices there is something wrong.

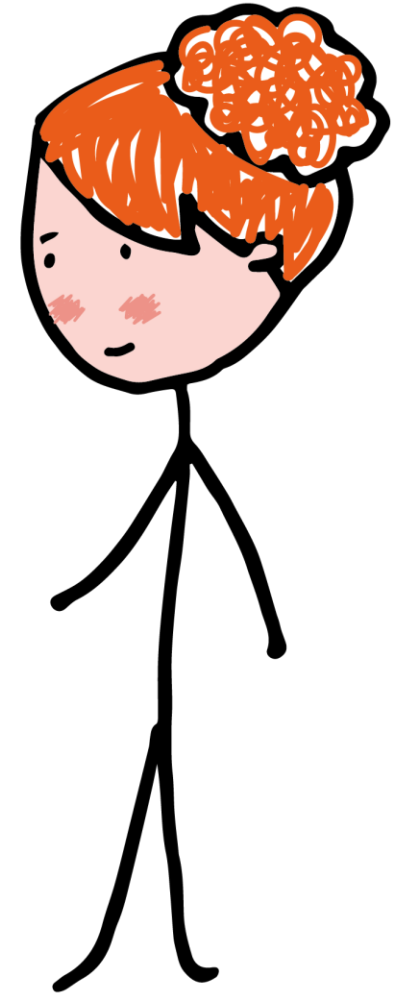
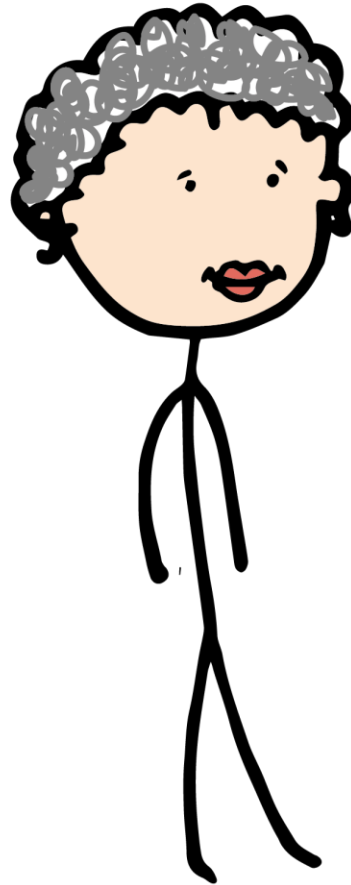
What should Joe do?
What could he be worried about?

Joe talks to his mum. There are still nasty messages appearing on his phone and email. He shows her. He tells her he thinks he knows who the bullies are.



**Mum knows what to do!
Do you?**

Mum shows Joe's teachers the messages. The teachers had had complaints from other parents and carers about the same thing, and they think they know who the bully is.

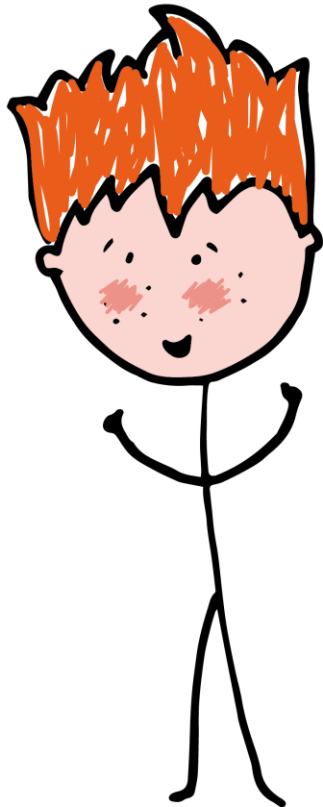


The school deals with the bullies and makes them understand that what they did was wrong.



That includes the ones who laughed at what the bully was doing.

Joe can start gaming again.



GamerJoe 13620



School : None

Mobile : None

Email : None

How has he changed his profile?

What are the golden rules
for dealing with cyberbullies?

Golden Rules:

- Don't respond and don't reply
- Save or screenshot all nasty messages and emails
- Tell a trusted adult
- Block

**Other places you can get
information and help:**

www.thinkyouknow.co.uk

www.ceop.police.uk/ceop-report





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