

# Prayer

Who do you talk to when  
you are happy, or sad,  
or worried or pleased  
about something?

Maybe you talk to your  
mum or dad.

Maybe yu tell a friend or  
grandparent.



# Prayer



Christians believe that they have an extra-special friend that they can talk to about anything - God.

When Christians talk to God, it's called praying.

# Prayer



You can talk to God anywhere - at home, in the car, out for a walk - and at anytime.

# Prayer

Sometimes people like to pray by themselves.

At other times they might pray with other people, often at church.



# Prayer

In church the prayers are often said by the priest or minister.

Sometimes prayers are used that are written in a book.



# Prayer

There are many  
different kinds of  
prayers.

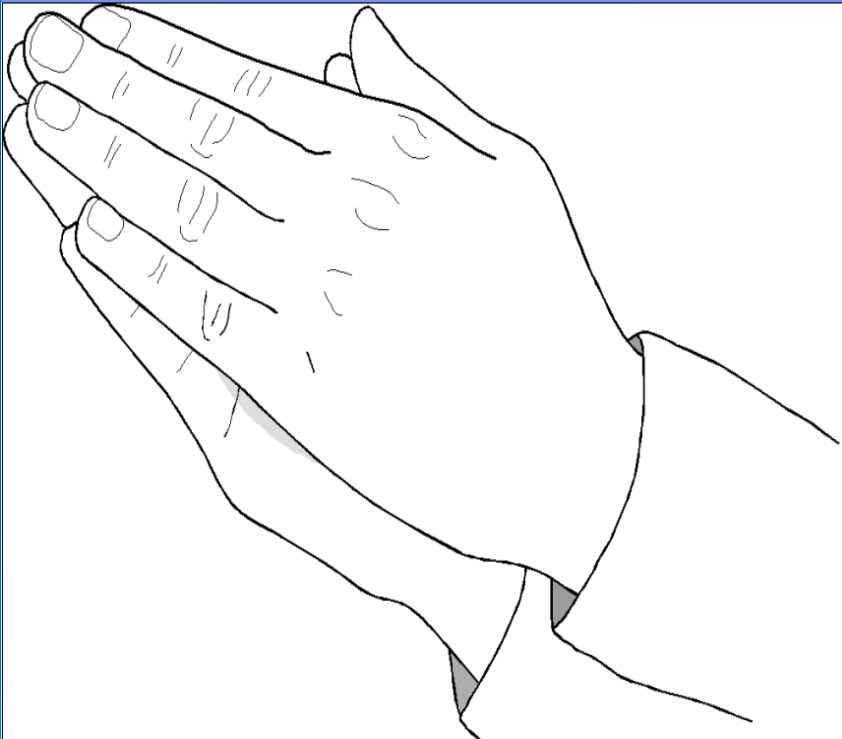
They may say:

‘Thank you’

‘I’m sorry’

‘I love you’

‘Help!’





# Prayer

You can pray in your head as well as out loud.

At the end of prayers, people say, 'Amen', which means, 'I agree.'



# Prayer

People of all religions pray.



Let's look at how people of Muslim, Buddhist, Hindu and Sikh faith pray.





# Prayer

Muslims pray at five set times every day.

The prayers are learnt by heart and are always the same.

A Muslim can pray anywhere, but it is especially good to pray with other Muslims in a mosque.



# Prayer



In a mosque all the men pray together in one room and the women pray together in another room.

# Prayer

When Muslims pray they face Mecca the birthplace of Mohammed.

They often have a prayer mat to kneel on.



# Prayer

Buddhists do not pray to a Creator God.

Buddhists pray for all living beings as well as praying for a particular person.





# Prayer



Prayers can be kept in prayer wheels which Buddhists spin around in their hands while they pray.

Buddhists chant or repeat a mantra – the most common one is :  
'Om Mani Padme Hum' (Hail to the jewel in the heart of the lotus)



# Prayer

In the Hindu religion  
prays are offered to  
Gods and Goddesses.

A shrine is made in the  
home it is decorated  
with flowers, statues  
and candles and  
prayers are said there.



# Prayer



The first prayer a Hindu says is always to Ganesha.

When a Hindu prays to Ganesha it is to ask for help to drive away sorrow and bring happiness.

# Prayer



In the Sikh religion prayers are said at the Gurdwara or temple. Prayers are said together in one big prayer hall.

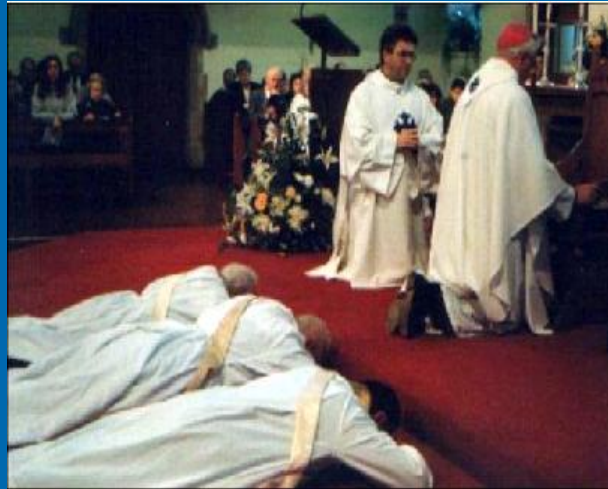
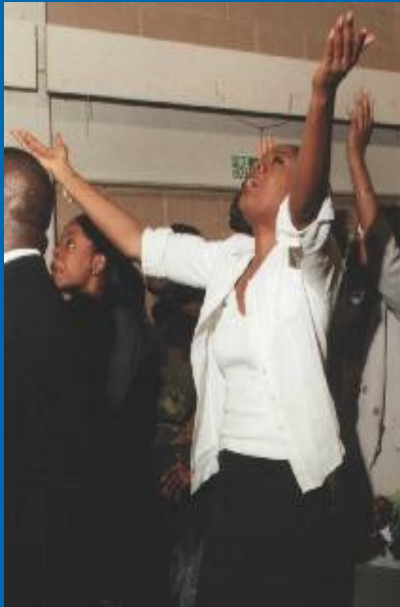
# Prayer



Prayers are read from the Guru Granth Sahib (Holy book).



# Prayer



All of these people are praying.

