

## Year 3 PSHE Activities wc 29 06 20

Try some or all of the activities below, the resources needed are at the end of the document.

### **Activity 1**

**How Reliable is Your Sense of Smell?** Put a number of things in small containers e.g. damp soil, onion, cooked cabbage, perfume in cotton wool, mown grass, polish, cheese. Cover, and punch with holes. How many did you get right? Use the table below to record your results. Try a similar activity to determine the reliability of your sense of touch, by putting items in feely bags.

### **Activity 2**

**Find Your Blind Spot** The blind spot is the area on the retina where there are no receptors that respond to light. It is here that the optic nerve leaves the eye on its way to the brain. Any image that falls on this area cannot be seen. Try the activity below to find yours.

### **Activity 3**

Make a cartoon flip book Use small squares of paper. Draw a simple picture, like a stick figure, on the first page. Draw the picture again on the next page but with a slight change. Keep drawing the picture, with little changes each time, until the movement is finished. Hold the book along one edge in one hand and flip the pages with your other hand to see the pictures move.

### **Activity 4**

Two becomes one! Draw a large open mouth on a small square of paper. On the other side of the paper draw a fish or a wiggly worm. Tape the square of paper securely to the end of a pencil. Spin the pencil and watch what happens!

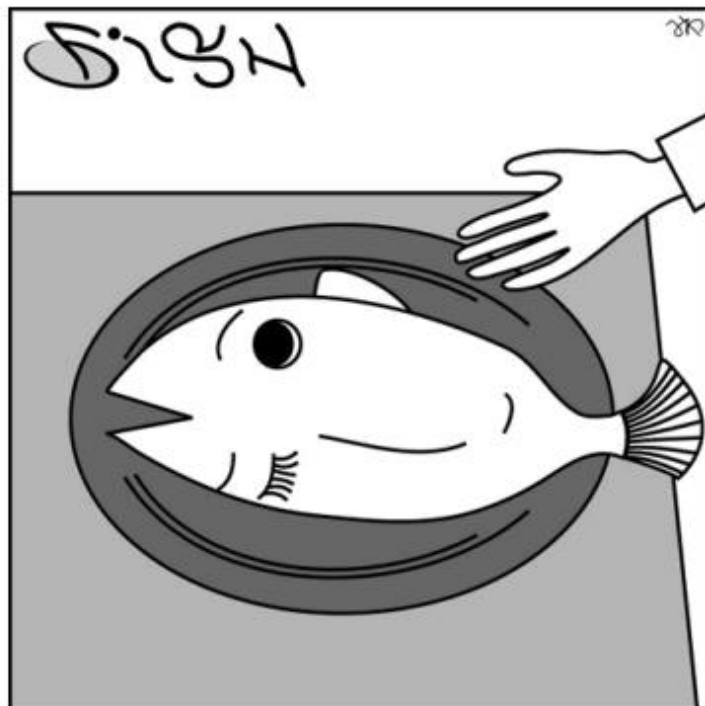


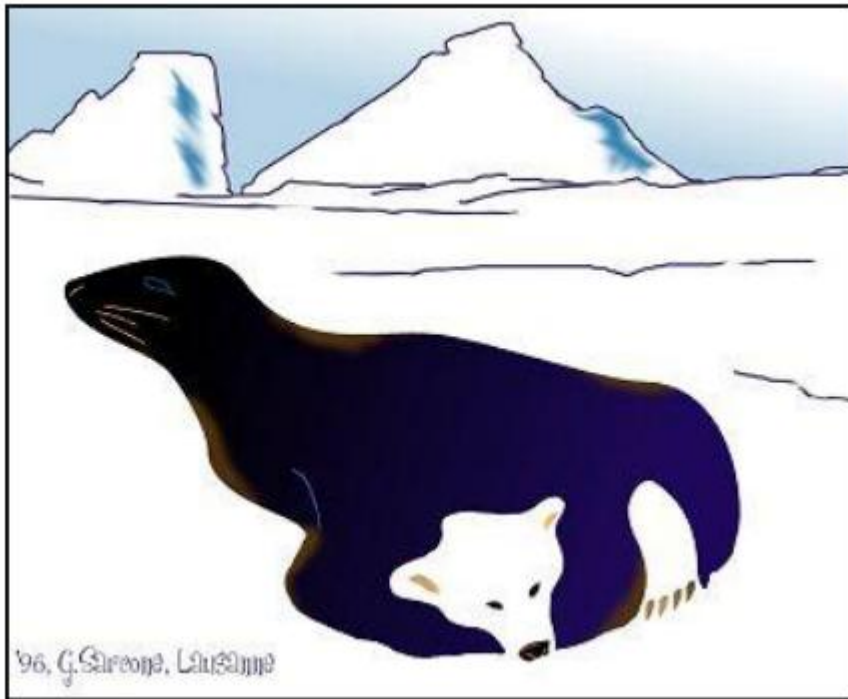
At a certain distance, the dot will disappear from sight.

This is when the dot falls on the blind spot of your retina.

Now do it the other way round. Close your left eye and look at the dot with your right eye. Move your head slowly closer to you and the + should disappear.

What do you see in each of these pictures?





When you looked at the top picture, did you see the face or the fish first?

In the lower picture did you see a seal or a polar bear?

Notice that it is very difficult to see both images at the same time. This is because we tend to focus our attention on one.