## Year 3 Wellbeing Task wc 29 20 20

## **Relaxation Box**

Relaxation boxes have become very popular lately with many companies selling them as potential gift ideas or for people in need of a little time to relax. Have a think about what you would put in yours and either draw and label the items in the box below or actually create one with things you have at home. Look at the images below to gather some ideas.

