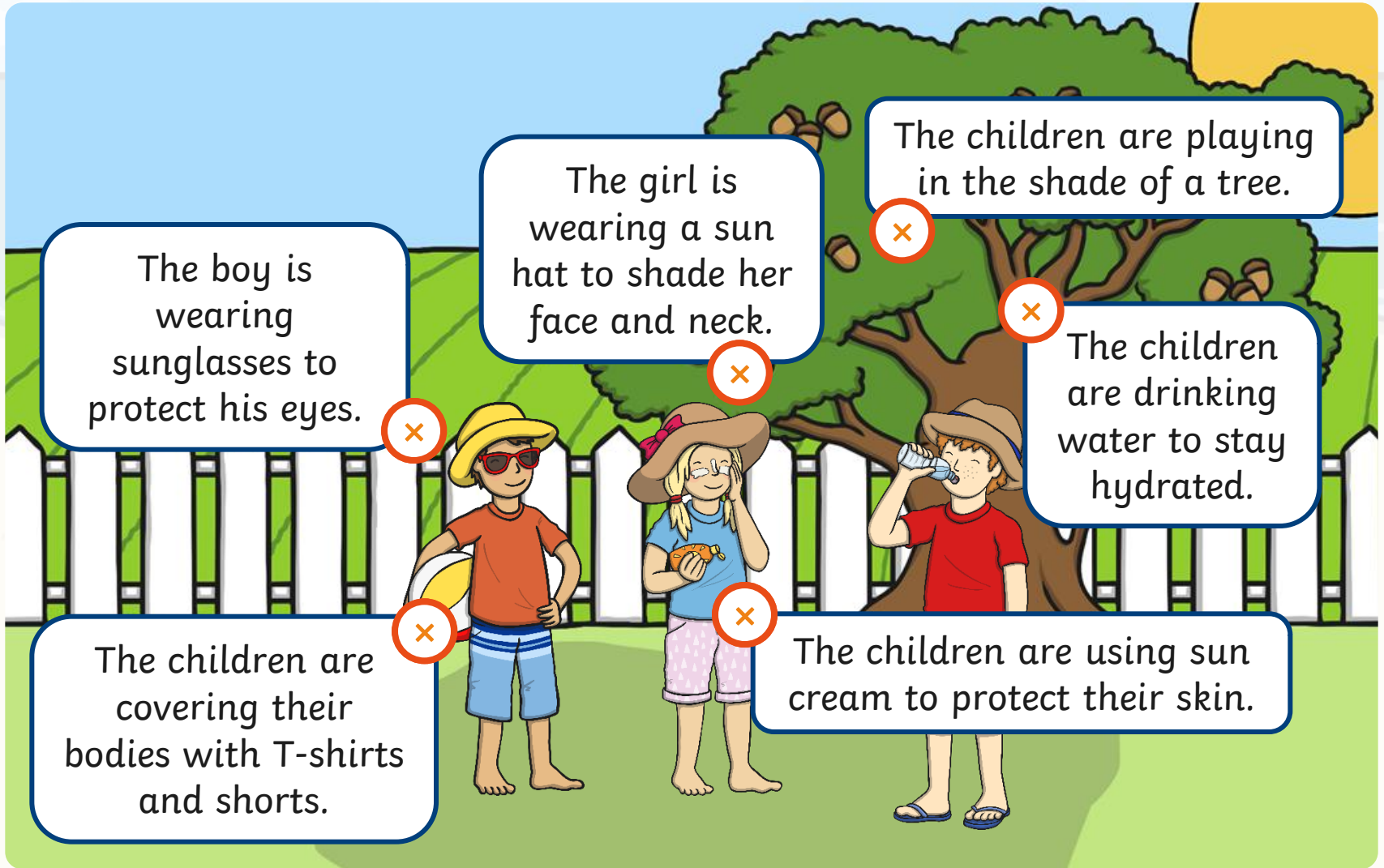


Sun Awareness

Be Sun Safe!



How Are These Children Staying Safe in the Sun?



The boy is wearing sunglasses to protect his eyes.

The girl is wearing a sun hat to shade her face and neck.

The children are playing in the shade of a tree.

The children are drinking water to stay hydrated.

The children are covering their bodies with T-shirts and shorts.

The children are using sun cream to protect their skin.

How Can We Be Safe in the Sun?

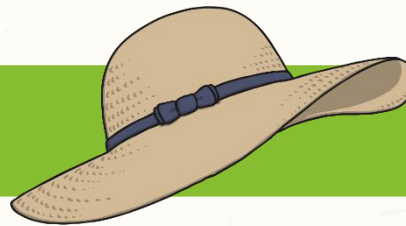
Wrap!



Splat!



Hat!



Wrap!

Wrap up in a...



T-shirt,



shorts and



sunglasses.



Discuss It!

What kind of shade do you like to play in?

How many outdoor sources of shade can we think of?



Splat!

Splat on some sun cream!

Wear sun cream on any bits of skin that are not covered, including your face, nose, ears, neck, arms and legs.

Remember to reapply the cream every 1 to 2 hours.

Make sure it is SPF 30 or more.



Sing It!

Hat!

Wear a wide-brimmed hat to keep your face and neck shaded!

