









Covid-19 (Coronavirus) absence:

A Guide for Parents and Carers

<p>Covid-19 (Coronavirus) symptoms are:</p> 	<ul style="list-style-type: none"> • A new, continuous cough, where you cough a lot, for more than an hour, or have three or more coughing episodes in 24 hours • Fever - where your temperature is above 37.8 °C • Loss of smell or taste
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What to do if...	Action needed	Back to school
 <p>my child has one or more symptoms of Covid-19</p>	<ul style="list-style-type: none"> • Inform school of the situation • Child must not attend school • Child should get a test • Whole household self-isolates until test result received 	<ul style="list-style-type: none"> • Child tests negative for Covid-19 and feels well enough to return to school
 <p>my child tests positive for Covid-19</p>	<ul style="list-style-type: none"> • <u>Inform the school of the result immediately</u> • Child self-isolates for at least 10 days from the day symptoms started • If child displays no symptoms (known as asymptomatic) they self-isolate for 10 days from the day the test was taken • Whole household self-isolates for 14 days from the day the symptoms started (or from the day of the test if the child was asymptomatic) 	<ul style="list-style-type: none"> • Child can return to school 10 days after the onset of symptoms (or 10 days from the day of the test if the child was asymptomatic)

What to do if...	Action needed	Back to school
 <p>someone in my household has one or more Covid-19 symptoms</p>	<ul style="list-style-type: none"> • Inform school of the situation • Child must not attend school • Household member with symptoms should get a test • Child and whole household self-isolates until test result is received 	<ul style="list-style-type: none"> • When household member tests negative and child does not have symptoms of Covid-19
 <p>someone in my household tests positive for Covid-19</p>	<ul style="list-style-type: none"> • Whole household including children self-isolate for 14 days from the day the symptoms started (or from the day of the test if the person was asymptomatic) • Inform school of the situation 	<ul style="list-style-type: none"> • When the child has completed 14 days of self-isolation symptom free <p><i>*If a child has a test because of living with the infected household member, they must remain at home for 14 days even if the test comes back negative.</i></p>
 <p>NHS Test and Trace or the school inform me that my child has been in close contact with someone who has tested positive for Covid-19</p>	<ul style="list-style-type: none"> • Child self-isolates for 14 days (or as directed by the NHS/school), even if they test negative during that time • Inform the school if contacted by the NHS • The rest of the household does not need to self-isolate, unless the child or other household members show symptoms of Covid-19 	<ul style="list-style-type: none"> • When the child has completed 14 days of self-isolation symptom free
 <p>returning from a destination where quarantine is needed</p>	<ul style="list-style-type: none"> • Child and household self-isolate for 14 days; even if they test negative during that time • Inform school of the situation 	<ul style="list-style-type: none"> • When the child has completed 14 days of quarantine with all household members remaining symptom free
 <p>received official medical advice that my child must shield</p>	<ul style="list-style-type: none"> • Inform the school of the situation • Continue to shield the child until you are informed that shielding restrictions have been lifted 	<ul style="list-style-type: none"> • When informed that shielding restrictions have been lifted and your child is allowed to return to school