



# Newsletter

Friday 28th January 2022

No.6

## The Scores Are In...



The scores are in and it was a wealth of perfect 10s for Barlows' pupil Olivia!

Competing in her first national champions competition at the Winter Gardens in Blackpool, Olivia performed Ballroom and Latin dance routines.

The judges and spectators alike were very impressed with Olivia's performances which resulted in her winning **3 trophies!**

Everyone at the school is very proud of Olivia and we will not be surprised if we see her on Strictly Come Dancing as one of the professionals in the future.

Well done Olivia!



## Upcoming Key Dates

**Friday 18th February:** Last day of Spring 1.

**Monday 28th February:** All pupils return to school.

**Friday 8th April:** Last day of the Spring term.






# COVID-19 in Primary Schools

Rates of infections across all primary schools in the city have been increasing significantly since the start of term. Currently, there are far more cases of COVID-19 in primary schools than in secondary.

As a result, we have suffered a number of staff and pupil absences since the start of term. We ask that where possible, you continue to perform twice weekly lateral flow tests on your children and other family members. In many cases, this variant seems to rapidly spread in families once one person tests positive.

Despite changes to government guidance on Thursday 27th January, staff will continue to wear face masks in communal areas and we ask parents and carers to continue wearing them when on the school site.




## Looking for support?

Find one to one professional support from a mental health practitioner today.

It's **free**, **safe** and **anonymous**.

Visit [Qwell.io](https://www.qwell.io) to find out more.




## How to sign up to Qwell.

Qwell is a **FREE**, anonymous, confidential and safe online emotional wellbeing service, offering professional support, information, discussion boards and more for adults.

Access 365 days a year to counsellors who are available from:  
**12 noon-10pm** Monday- Friday  
**6pm-10pm** Saturday and Sunday


Log on through **mobile**, **laptop** and **tablet**.


Now that you are in you can click on the icons at the top of the page to choose from the articles, topic page, forums, or choose to talk to a counsellor by clicking the speech marks.

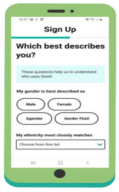
To talk to a counsellor click on: **"Chat now button"**.  
 To write a message to the team, click on: **"message the team"**


[www.qwell.io](https://www.qwell.io)


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Click on the **'Join Qwell'** button located in the centre of the home page of the Qwell website
- 

Choose from the drop down boxes, the **area** and **location** you live in
- 

Select the **year** and **month** you were born
- 

Click on the **gender** that best describes you and then the **ethnicity and background** that most closely matches you
- 

Create an **anonymous username** (not your real name) and **secure password**
- 

Choose from the drop down box to explain where you found out about **Qwell**
- Select **Next step** to complete your registration