

Primary Autumn Winter Menu Week 1 2021

	Chinese Veggie Noodles	Hot Chicken Sandwich with Potato Wedges	Roast Chicken with Roast Potatoes and Gravy	Beef Bolognese **	Golden Fish Fingers and Chips
			Succulent roast chicken with fluffy roasties and tasty gravy	A classic Italian beef Bolognese in a yummy tomato sauce	Crispy Fish Fingers and scrummy chips
	Macaroni Cheese	Allegra's BBQ Beans (V)	Quorn Roast (V)	Quorn Hotdog with Potato Wedges (V)	Quorn Nuggets and Chips (V)
	Cheesy Macaroni Pasta	Served With Cornbread		Our favourite veggie hotdog served with ketchup in a soft sub roll	Crispy Quorn nuggets with their fave sauce – ketchup
		Jacket Potato with Salmon Mayonnaise ***			
A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot					
Jacket Potato With A Choice Of Fillings					
	Tomato Pasta ** (V) A delicious fresh, homemade tomato sauce with penne pasta				
	Green Beans Sweetcorn	Peas Broccoli	Carrots Cabbage	Broccoli Sweetcorn	Baked Beans Peas
	Raspberry Ripple Ice Cream	Secret Brownie	Short Bread Biscuit with Fruit Slices *	Berry & Peach Oaty Crumble* with Custard	Lemon Slice



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Week 2

Veggie Bolognese **(V)	Pork Sausage with Mashed Potato And Gravy	Roast Turkey With Roast Potatoes And Gravy	Beef Lasagne with a Garlic & Herb Bread Wedge **	Golden Fish Fingers And Chips	
Penne pasta in a yummy tomato and Quorn Sauce		Succulent roast Turkey With fluffy roasties And tasty gravy	A classic Italian layered pasta dish with beef mince	Crispy Fish Fingers and scrummy chips	
Cheese and Tomato Pizza ** with Dough Balls (V) Cheesy Tomato Topped Pizza Slice	The Incredible Burger With Potato Wedges (V)	Creamy Vegetable Pie (V) With Roast Potatoes And Gravy	Milis Chickpea and Potato Curry (V) Served with Wholemeal Rice	Quorn Dippers (V)	
A selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot					
Jacket Potato With A Choice Of Fillings					
Tomato Pasta ** (V) A delicious fresh, homemade tomato sauce with penne pasta					
Carrot Sticks Cucumber Sticks	Peas Broccoli	Cabbage Carrots	Sweetcorn Broccoli	Peas Baked Beans	
Flapjack with Fruit Slices*	Peach Shortbread Pudding & Custard	Raspberry Yoghurt Cake	Fruity Chocolate Brownie	Vanilla Ice Cream	



Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian

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Week 3

Macaroni Cheese	Sweet and Sour Chicken with Rice **	Roast Pork with Roast Potatoes and Gravy	Beef Burrito	Southern Fried Chicken Tasters	
Cheesy Macaroni Pasta		Succulent roast pork with fluffy roasties and tasty gravy	A soft wrap filled with fresh beef and rice	Lightly seasoned crispy chicken strips and scrummy chips	
Veggie Sausage and Mash with Gravy (V)	Allegro's Cheesy Peasy Risotto Bake	Quorn Roast	Veggie Lasagne (V) Served with a bread wedge.	Soft Taco and Chips (V)	
Fluffy mash with veggie sausages and rich gravy	A delicious cheesy risotto		Delicious sheets of pasta layered with veggies and tomato sauce.	A soft taco shell filled with a yummy veggie tomato chilli	
A Selection of fresh Salads Including Lettuce, Cucumber, Tomato. Grated Carrot					
Jacket Potato With A Choice Of Fillings					
Tomato Pasta ** (V) A delicious fresh, homemade tomato sauce with penne pasta					
Peas Carrots	Sweetcorn Broccoli	Carrots Cabbage	Green Beans Sweetcorn	Baked Beans Peas	
Oatie Biscuit with Fruit Slices *	Pineapple and Peach Crumble * with Custard	Strawberry Ice Cream	Chocolate Sponge Cake	Creamy Peach Rice Pudding	



Cook: Maureen, Food: Fruit, Freshly Baked Bread and Vegetarian available daily.
*Fruit Based **Wholegrain ***Only Fish (V) Vegetarian